

Cystic Fibrosis Christmas Markets Martin Place, Sydney Thursday 5<sup>th</sup> December & Friday 6<sup>th</sup> December 2019 12noon to 9pm

#### WE NEED VOLUNTEERS TO HELP ON THESE DAYS

Cystic Fibrosis Australia's (CFA) Christmas Markets are unique markets held annually in Sydney's bustling Martin Place. Made up of unique stall holders, these markets attract people from far and wide as they shop till, they drop to find the perfect gifts for a loved one. These markets are an important part of the work that CFA do in raising awareness for CF amongst the community, as well as fundraising for CF research and to continue advocating for immediate access to the best available treatment.

Markets will trade from 12noon – 9pm on both days. We need volunteers for various shifts throughout the day including bump in, traffic control so the flow of cars do not cause any distribution in the area from 9am till 11.30am also helping stall holders unload cars if necessary.) selling raffle ticket sales donation tin rattling (from 12 noon till 8pm) and bump out (from 8.pm) Car control . Join us for the day or simply a couple of hours. The more the merrier so bring a friend or family member to make time fly and help support this wonderful and unique market event.

All money raised from the Christmas Markets will go towards research to improve and extend the lives of people with cystic fibrosis.

For more information contact: Cystic Fibrosis Australia PO Box 268 North Ryde NSW 1670 ABN 73 104 285 136 (DGR endorsed)

Phone: (02) 9889 5171 Email: sharone@cfa.org.au <u>cysticfibrosis.org.au/cfa</u>











## Location:

Martin Place is an exclusive, prime location for the Markets. Local to many corporate businesses, restaurants, shopping and entertainment hubs of Sydney.

## Who is Cystic Fibrosis Australia?

Cystic Fibrosis Australia (CFA) is the national peak body for people with cystic fibrosis (CF). Our core responsibilities are funding vital research and ensuring the availability and accessibility of new treatments.

Advocating for increased support and quality improvement in health care for people with CF is of great importance to us.

# What is Cystic Fibrosis?

*Cystic Fibrosis (CF) is the most common, genetically acquired, life- shortening chronic illness affecting Australians.* 

It primarily affects the lungs and the digestive system; however, it also affects a number of other organs and systems.

- Every four days a child is born with CF
- There are over 1 Million carriers of CF in Australia
- People with CF undergo daily grueling treatment regimes
- They consume up to 60 tablets a day to aid digestion



Cystic Fibrosis Australia are reaching out for volunteers for the Christmas Markets, volunteers have been very important impact on our event and hope that you can join us again.

Martin Place, behind the Water Fountain The markets begin trading from 12 noon to 9pm Bump in starts from 09.00 am to 11.30 am Bump Out from 8pm to 9.pm

#### CFA would be grateful if you could volunteer a few hours during any day.

Name:	
Address:	
E-mail address:	
Date of Birth:	
Mobile Number:	
Next of Kin:	

**Bump In:** consists of controlling the cars as they arrive, helping with stall holders, making the flow of stall holders move quickly they only have 20-minute time slots to empty cars before the next group of cars arrive.

Bump out: helping stallholders, controlling cars

During the Markets: help selling merchandise, raffle tickets, tin rattling.

Please indicate what time would suit you best.	am	pm

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